



### **Invitation to the Research Study**

As part of MPH dissertation, qualitative research will be conducted on *Work Stress and the Impact on Health and Well-being* and volunteer participants are needed. If you are interested in research and would like to learn more about taking part in the study, please feel free to contact the researcher.

If you are,

- ❖ Healthy individual 18 - 64 years old of age
- ❖ Migrant worker (from all countries)
- ❖ Working in Science and Technology sector in the U.K.
- ❖ Interested in Occupational Health/Workplace Health
- ❖ Interested in learning about stress coping mechanism

Participation is voluntary and you are free to discontinue at any time. Study participation is through anonymous, one-to-one interview in English for about 30 minutes in Oxford area. (No other study activities involved). Travel expenses will be covered if any.

Your privacy will be protected at all times and no need to provide your name or personal details.

Please contact [momoko.zamami@online.liverpool.ac.uk](mailto:momoko.zamami@online.liverpool.ac.uk) or call +44(0)7725 735336, +44(0)1235 411120 to ask any questions you might have. Your participation will be greatly appreciated.

Thank you for your kind consideration.

Sincerely yours,

Momoko Zamami  
MPH, Master of Public Health Programme  
University of Liverpool  
[momoko.zamami@online.liverpool.ac.uk](mailto:momoko.zamami@online.liverpool.ac.uk)  
Ph: +44(0)7725 735336