

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main Course	Sumac Chicken Thighs	Crispy Chilli beef	Toad in the Hole	Chicken Dijonnaise	Hot Buffet of the Day
Vegetarian Main Course	Cheese and Onion Quiche	Crispy Tofu	Vegetarian Toad in the Hole	Chipotle Sweet Potato & Black Bean Stew	Hot Buffet of the Day
Carbohydrate	Parsley New Potatoes	Chow Mein noodles	Colcannon Mash	Herb Potato Salad	Hot Buffet of the Day
Side			Caramelised Onion Gravy		