

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main Course	Chilli con Carne	Steak and Vegetable Wellington	Honey Roasted Glazed Ham	Chicken Parmigiano	Hot Buffet of the Day
Vegetarian Main Course	Quorn Chilli	Root Vegetable Wellington	Vegetable Nut Roast	Mediterranean Vegetable Pasta Bake	Hot Buffet of the Day
Carbohydrate	Rice	Horseradish Mash	Roast Potatoes		Hot Buffet of the Day
Side		Honey Glazed Carrots	Broccoli and Cauliflower Mornay	Garlic Bread	